

## Nasolabial Flap in OPVL of RMT Including GB Sulcus - A Case Report

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| Received: 01.03.2019 | Accepted: 05.03.2019 | Published: 30.03.2019

DOI: [10.36348/sjm.2019.v04i03.004](https://doi.org/10.36348/sjm.2019.v04i03.004)

### Abstract

Proliferative verrucous leukoplakia (PVL) is a rare form of oral leukoplakia, which was first described in 1985 by Hansen *et al.* Since then, various published case series have presented PVL as a disease with aggressive biological behavior due to its high probability of recurrence and a high rate of malignant transformation, usually higher than 70%. PVL is a long-term progressive condition, which is observed more frequently in elderly women, over 60 years at the time of diagnosis. We here by present a case of oral proliferative verrucous leukoplakia of retromolar triangle including gingivobuccal sulcus where nasolabial flap was used for reconstruction of the defect.

**Keywords:** Carcinoma, leukoplakia, malignant transformation, proliferative verrucous leukoplakia.

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### INTRODUCTION

The buccal mucosa and tongue are the most frequently involved sites. It develops initially as a white plaque of hyperkeratosis that eventually becomes a multifocal disease with confluent, exophytic and proliferative features with a progressive deterioration of the lesions, making it more and more difficult to control. Tobacco use does not seem to have a significant influence on the appearance or progression of PVL and may occur both in smokers and nonsmokers. Prognosis is poor for this seemingly harmless-appearing white lesion of the oral mucosa. At present, the etiology of PVL remains unclear as well as its management and diagnosis, which is still retrospective, late and poorly defined, lacking consensus criteria. Oral cavity cancer worldwide comprises in between the sixth to the eighth most common malignant lesion and it encompasses around 30% of all head and neck cancers [1-3,4]. Retromolar trigon (RMT) is the buccal region near the lower third molar tooth and in the dry mandibles is a triangular area bounded by temporal crest on the medial side, anterior border of ramus on the lateral side, and base posterior to the socket for the third molar (Fig. 1)[5]. That has affected in 15% of all oral cancers [6-8]. Tumors in the

mucosa of the RMT progress insidiously and blowout rapidly into surrounding structures. Surgery can put significant structures at risk such as the lingual nerve, submandibular duct, and palatoglossus [9]. This could disturb sensation, speech, swallowing, tongue movements, and pose instant concerns for specialists operating in this area, RMT cancer with 1 cm safety borders all round fallouts in large oral defect. Slight defects can be left to heal by secondary intention or are mended by primary closure, buccal advancement flap, palatal pedicled flap, split-thickness skin grafting or tongue flap [10, 11]. Reconstruction of larger retromolar defects using pedicled buccal pad of fat flap is frequently insufficient and may be oncologically unsafe when the tumor is abutting or infiltrating the buccal pad of fat [12-16]. Pedicled and free myocutaneous flaps albeit safe and robust, are not suitable options due to additional, unnecessary muscle bulk. The pectoralis major myocutaneous flap carries about 15% flap related complications with the disadvantages of being bulky, the need of a second stage for pedicle division, unacceptable donor site scar in females [18,19]. Thus, RMT defects too wide to be covered with local flaps and are best served if local reconstruction is to be considered.



**Fig-1: Retromolar Triangle Area**

## CASE REPORT

A 60-year female came to our dept. with the chief complaint of burning sensation and reduced mouth opening with respect to a diffused red and white lesion in the lower left side of the mouth. On clinical examination, a diffused white lesion with areas of pink dispersion in between was present on the left side of retromolar trigone of size 4×3 cm extending anteriorly to involve gingiva of the third molar, extending superiorly to maxillary tuberosity with reduced mouth opening. Lymph nodes were non palpable, and non-tender. The incisional biopsy was made and the report

for the same confirmed dysplastic changes on one side and carcinoma in situ on the other side confirming for oral proliferative verrucous leukoplakia as per the criteria given by Cerero-Lapiedra *et al.*[20]. On the basis of preoperative work-up, we performed wide local excision with safe margins along with reconstruction of the defect by nasolabial flap by tunneling it, at a later stage the donor flap was resected once it was well taken up at the local site. The defect reconstruction was utmost important to prevent the morbidity of the local site (fig 2).



**Fig-2: Clinical and Operative Pictures including excision and reconstruction**

## DISCUSSION

The mucosal surface of the retromolar trigone becomes continuous with the buccal mucosa laterally and the soft palate medially. The patient generally presents with symptoms of pain and trismus. In severe cases where one can suspect the involvement of the nerve, patient may present with paresthesia along the distribution of inferior alveolar nerve [21]. OPVL is known for its violent [22] pathology, suggestive of multifocal involvement, high malignant transformation rates (60-100%), recurrent (87-100%) and high mortality rates (30-50%) [19]. the gingiva and palate represented the areas with the highest frequency of

these multiple malignant tumors [20]. Given the high tendency for (OSCCs) to appear in these patients, they should be checked for life at least once every 6 months [24].

## CONCLUSION

OPVL is a rare entity, but decidedly destructive form of Oral Leukoplakia, which requires attention and the clinician, must be aware of the same. Literature suggests earliest possible intervention to diagnose this special entity and total excision of this lesion and reconstruction if required. The objective of reporting this case was to report a case with typical

clinical and histologic features of OPVL so as to brief the oral physicians. The attention should be taken to follow-up these cases for a long time even after surgical management as these entities have sophisticatedly higher recurrence rate and are well documented to undergo malignant transformation.

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