

## Evaluation of Sexual Behaviour in *Momordica Charantia* Treated Male Wistar Rats

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### Abstract

The effect of leaf extract of *Momordica charantia* on sexual behaviour of male wistar rats was evaluated in this study. The animals were randomly divided into three (3) groups of six (6) rats each. Group one (1) serving as control received distilled water while, groups two (2) and three (3) received 200mg/kg and 400mg/kg of the hydromethanol (20%:80%) extract respectively. Parameters assessed included the mount frequency (MF), mount latency (ML), intromission frequency (IF), intromission latency(IL), ejaculation frequency(EF) and ejaculation latency(EL). Results showed that the parameters were not significantly altered after 30 days treatment with 200mg/kg and 400mg/kg extract. It was concluded that *M. charantia* may not affect sexual activity in male wistar rats within the administered doses.

**Keywords:** *Momordica charantia*, wistar rats, hydromethanol.

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## INTRODUCTION

Some scientific studies on *Momordica charantia* (*M. charantia*) focused on investigating effects of the plant extract on reproductive parameters of male wistar rats. A good number of these studies referred to changes in the pituitary-testicular axis and sperm production in male rats. The serum Luteinizing Hormone (LH), Follicle Stimulating Hormone (FSH) and Testosterone (T) effects as well as the sperm quality were analysed and documented [1][2]. However, the serum T has often been related to male sexual behavior (MSB). Sexual behavior refers to a process by which human beings and other animals demonstrate and/or express their sexuality. Male sexual behavior (MSB) presents two different phases- an initial phase, with variable behavioural sequence involving attracting and courting the female, followed by highly stereotyped copulatory sequence. Disorders affecting the sexual behavior of the male may present in various forms such as erectile dysfunction, premature ejaculation and orgasmic disorders amongst others [3]. Consequently, various treatment options including medicinal plants are been studied to determine their effects on MSB. The *M. charantia* is a popular plant used in folklore in the treatment of Diabetes and other conditions but the inherent effects of its use on MSB has not been adequately documented. The objective of this study is to investigate the aphrodisiac potential of the hydromethanolic leaf extract of *M. charantia*.

## MATERIALS AND METHODS

### Animal models

Eighteen randomly selected adult male rats bred in the animal house of the Faculty of Basic Medical Sciences, University of Port Harcourt were used for this study. They were placed in neat cages and acclimatized in two weeks. They were nurtured under standard conditions and had free access to water and feeds. The handling procedures conformed with standard institutional guidelines established by the American Physiological Society [4].

### Preparation of plant extract

*M. charantia* leaves were procured from Choba community in Obio Akpor Local Government Area of Rivers State, Nigeria. They were washed, dried and blended to fine powder. Hydromethanol (20%:80%) was used as solvent in the extraction using soxhlet apparatus at 60°C-70°C. The solution was then filtered and the filtrate was concentrated to a semi solid form under reduced pressures at 60°C with the aid of a rotary evaporator. The extract yield was weighed and stored in the refrigerator at 4°C. Measured quantity of the extracts were diluted to obtain 400mg/ml of the extract for animal oral treatments.

### Experimental design

The rats were randomly assigned into 3 groups of 6 rats each. Group 1 served as control and was given distilled water. Group 2 and group 3 were given 200mg/kg bw and 400mg/kg bw of the hydromethanol leaf extract respectively. They weighed between 155-165g. Extracts were administered orally as single daily dose for 30 days.

### Sexual behavior test

The methods adopted for this experiment has been described in previous studies and are well documented [5-9]. In the present study, six (6) male rats from each group were monitored for sexual behavior for a period of 30 minutes. Sexual behavior experiments were carried out during the first 4 hours of the 12 hours dark cycle and 3 hours after extract administration. The test male rat was introduced into the observation cage and allowed 10 minutes for adaptation before the stimulus female was introduced. The chemically prepared receptive female and test male rats were observed from a corner for precopulatory and copulatory behaviours.

Tests for sexual behavior was done by assessing: Mount latency (ML); Intromission latency (IL); Ejaculation latency (EL); Mount frequency (MF); Intromission frequency (IF) and Ejaculation frequency (EF).

### STATISTICAL ANALYSIS

Analysis was carried out on SPSS version 21 using analysis of variance (ANOVA). Results are presented as mean±standard error of mean. The level of significance was considered at  $P<0.05$ .

### RESULT

The result of this study is presented in tables 1, 2 and 3.

**Table 1: Effect of *M. charantia* extract on Mount behaviours**

Groups	Mount behaviour	
	Latency (Sec)	Frequency (n)
Control	54.16±5.79	13.00±0.73
200mg/kg	61.16±2.56	12.00±0.57
400mg/kg	60.00±3.96	11.66±0.66

Values expressed as Mean±SEM. n=6.

**Table-2: Effect of *M. charantia* extract on Intromission behaviours**

Groups	Intromission behaviour	
	Latency (Sec)	Frequency (n)
Control	58.33±4.24	4.25±0.44
200mg/kg	63.50±4.19	3.33±0.33
400mg/kg	63.00±2.39	3.33±0.33

Values expressed as Mean±SEM. n=6.

**Table-3: Effect of *M. charantia* extract on Ejaculation behaviours**

Groups	Ejaculation behaviour	
	Latency (Sec)	Frequency (n)
Control	161.16±8.24	0.83±0.16
200mg/kg	180.16±8.58	0.66±0.21
400mg/kg	183.66±9.73	0.50±0.22

Values expressed as Mean±SEM. n=6

### DISCUSSION

The MF and IF are important measures of libido and potency [10], while significant decrease or increase in ML and IL are indicators of sustained increase or decrease respectively, in sexual activity and aphrodisiac property of a plant extract [11].

In this study there was no significant ( $P<0.05$ ) change in ML and MF when test groups were compared to control in both doses (200mg/kg and 400mg/kg) of extract. Similarly, the IL and IF as well as, EL and EF were not significantly ( $P<0.05$ ) affected after 30 days of extract administration.

A significant increase in MF and IF and a decrease in the ML and IL indicates sexual arousability, motivation and sexual vigour [12, 13]. These are characteristic effects of medicinal plants with aphrodisiac potentials.

The observed unaltered EL suggest that the extract could not cause a delay in ejaculation thereby did not prolong coital period and did not improve sexual activity. The inability to prolong duration of coitus observed in this study suggests that the extract may not be able to reduce the incidence of early or premature ejaculation.

Although existing reports shows that *M. charantia* leaf extract caused significant reductions in serum T [1, 14], this did not lead to a significant decrease in male sexual behaviours. According to a report, a significant change in serum T may be able to influence male sexual behavior [15]. However, findings shows that no parameter used in assessing male sexual behavior was significantly altered in our study.

### CONCLUSION

*M.charantia* leaf extract neither significantly increased nor decreased Male sexual behavior parameters after 30 days of administration at 200mg/kg and 400mg/kg doses.

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