

Congenital Malformation among Children with Cerebral Palsy, And Gender Differences in El- ALBYDA Hospital in LIBYA

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Abstract

Cerebral palsy (CP) is a major neurodevelopmental disorder, presently estimated to affect approximately 1 in 500 children. As a clinical diagnosis, the etiology of the syndrome varies and is often unknown. The objective of this study is to determine the pattern and the contributing factors of CP among Libyans children. This was a descriptive hospital-based study conducted over a period of six years in ALBYDA Central Hospital – LIBYA. One hundred and eight patients of CP were enrolled, of whom 70 (65%) were males and 38 (35%) were females. Spastic quadriplegic CP was the most common type and epilepsy was the most problem associated with CP. Birth asphyxia, prematurity neonatal meningitis, kernicterus and brain malformation were the main contributing factors.

Keywords: Cerebral Palsy, spastic cerebral palsy.

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INTRODUCTION

Cerebral palsy first described by William little in the 1840s as a is a common developmental disability resulting from a non-progressive insult to the developing brain [1, 2].The most important risk factor seems to be prematurity and low birth weight with risk of CP increasing with decreasing gestational age and birth weight [3, 4].

The worldwide incidence of cerebral palsy ranges between 2 to 2.5 in 1,000 live births and is the most common neurological congenital disorder [5]. Cerebral palsy could be classified to monoplegia, hemiplegia, diplegia and quadriplegia; monoplegia and triplegia are relatively rare. Diplegia is the commonest form of CP (30% – 40%), hemiplegiae is (20% – 30%), and quadriplegia accounting for (10% – 15%). Study in India after examination of 1000 cases of CP found that spastic quadriplegia constituted 61% of cases followed by diplegia 22%.13 [6].

The child with cerebral palsy has an malformed functioning CNS. The problem is stated in several ways, all of which are related with the primary problem [7].Common problems associated with CP include mental retardation, communicative and behavior disturbances. Seizures, feeding difficulties, visual and auditory disturbances are also seen with

increasing frequency [8]. CP may cause a variety of associated complications, such as, feeding problems, hearing and visual anomalies, respiratory system infections, epilepsy, and mental and talkative losses in children [9]. Evidence to date suggests that, similar to other major neurodevelopmental disorders, duplications or deletions of portions of a chromosome (genomic copy number variants may explain CP in about 10% to 20% of cases [10, 11].

This study aimed to find the risk factors of cerebral palsy among patients admitted in neurological department in AL-HTOURA hospital in El-BIYDA city, and, to study the complications and birth defects of cerebral palsy among these patients.

MATERIALS AND METHODS

The current study a descriptive study based on hospital records of neurology department in AL-HTOURA hospital in El-BIYDA city north LIBYA, 108 patients who admitted with diagnosis of cerebral palsy by consultant pediatricians or neurologists in period from 10/10/2011 until 10/5/2017. Risk factors of cerebral palsy such as birth weight, mode of delivery, and other variables such as complications were assets.

Data entered into MS Excel sheet, analyzed by using chi square test, P value less than 0.05 considered significant. Data presented through frequency tables.

RESULTS

Among 108 children with CP, 38(35%) were females, and 70(65%) were males, giving a male to female ratio of 1.8:1. As showed in Table, 1, Chi-square test indicted there is significant differences between male and female.

Table-1: Distribution of CP patients according to gender

Gender	Number (%)
Male	70 (65%)
Female	38 (35%)
Chi-square test	0.002075563
Statistical Significant at 0.05 level	Significant

The Children were ranging in age from 8 months to 17 years .Table 2 shows age and sex distribution.

Table-2: Distribution of CP patients according to age

Age in year	Gender		Total No (%)
	Male	Female	
Under 1 year	1	0	1 (0.931%)
1-5 year	27	13	45 (41.66%)
6-10 year	26	20	49 (42.61%)
Up to 10 year	8	8	16 (14.81%)
Chi-square test	0.00076931		
Statistical Significant at 0.05 level	Significant *		

Most of patient delivered by vaginal delivery 86 (79.62%) and 22 (20.37) case delivered by Caesarean. There were 18 (16.63%) cases preterm birth

and most of cases 90 (83.37%) were full term. Chi-square test showed no significant difference found with regard to type of delivery as showed in table (2).

Table-3: Distribution of CP patients according to type of delivery

Gestational	Mod of delivery		Total
	Normal	Caesarean	
Term	(70) 64.85%	(20) 18.52%	90
Preterm	(16) 14.81%	(2) 1.85%	18
Total	(86) 79.62%	(22) 20.37%	108
Chi-square test	0.285304145		
Statistical Significant at 0.05 level	Not significant		

Table 3 shoes around 94 (86.11%) cases their birth weight between 2.5 -4.5 kg, less than 2.5 Kg were 14(13.89%) child.

Table-4: Distribution of CP patients according to Birth weight

Birth weight	Male No	Female No	Total No (%)
Less than 2.5 g	11	3	14 (13.89%)
Normal weight (2.5- 4.5) g	57	37	94 (86.11%)
Total	68	40	108
Chi-square test	0.194866		
Statistical Significant at 0.05 level	Not significant		

That the most cases (86=79.63%) belonged to the hypertonic-spastic type, being represented by qdriplegia being the most common (55.56%), diplegia (19.44), and hemiplegia was (4.63), hypotonic type was

(11.11%) Only 10 (9.26%) cases were ataxia. Meanwhile, no significant difference was found with regard to gender ($p > 0.05$). (as seen in Table 5).

Table-5: Distribution of CP patients according to type of CP

Types of CP	Male N(%)	Female N (%)	Total No(%)
Hypertonic spastic type			
Quadriplegia	37 (43.26)	23 (21.30)	60 (55.56%)
Diplegia	12 (11.11)	9 (8.33)	21 (19.44%)
Hemiplegia	3 (2.78)	2(1.85)	5 (4.63%)
Ataxia	10 (9.26)	0 (0)	10 (9.26%)
Hypotonic	8 (7.41)	4 (3.70)	12 (11.11%)
Total	70 (64.81)	38 (35.19)	108
Chi-square test	0.177823278		
Statistical Significant at 0.05 level	Not significant		

The leading causes of cerebral palsy were birth asphyxia (60= 55.56%), prematurity (18= 16.67%), neonatal meningitis (9 = 8.34%), kernicterus (6= 5.56%). Brain mal formations, head defects (9= 8.34%)

, neonatal jaundice and congenital infections, these conditions accounted for (6 = 5.54%) all cases of cerebral palsy as shown in (table 6).

Table-6: Distribution of risk factors for CP

Causes of cerebral palsy	Numbers Male	Numbers Female	(No) / %
Birth asphyxia	37	23	(60) / 55.56 %
Prematurity	15	3	(18) / 16.67 %
Neonatal meningitis	7	2	(9) / 8.34 %
Kernicterus	3	3	(6) / 5.56 %
Brain malformation	3	2	(5) / 4.63 %
Head defects	4	0	(4) / 3.70 %
Neonatal jaundice	3	0	(3) / 2.76 %
Congenital infection	1	2	(3) / 2.78 %
Chi-square test	0.227366622		
Statistical Significant at 0.05 level	Not significant		

Complications associated with CP were presented in Table 7, epilepsy was found in 51 children (47.22%), movement problems was represented in

33(30.55) of the children. Mental retardation was prominent in 14 children (12.96%) and 12 (11.11) with visual impairment.

Table- 7: Distribution of Complication associated with CP

Complication associated with CP	(No) / %
Epilepsy	(51) 47.22%
Movement problems	(33) 30.55%
Mental Retardation	(64) 12.96%
Visual problems	(12) 11.11%
Speech problems	(11) 10.19%
Microcephaly	(11) 10.19%
Hearing problems	(1) 0.93%
Chi-square test	0.738664101
Statistical Significant at 0.05 level	Not significant

DISCUSSION

Defects in brain development contribute to long-term non progressive disorder of movement and posture, called cerebral paralysis, the study analyzed 108 children with cerebral palsy, male appear to be at higher risk of CP than females with a ratio of 1.8:1,

Six differences were confirmed in many previous studies [12-14]. The reason for this is still not well investigated; however, the higher incidence of CP in males is probably related to a greater biological vulnerability in terms of cerebral structure, hormone

protective role, and genetic differences. Some studies have shown the protective influence of female hormones from brain damage [15, 16]. The mechanisms for the difference in the vulnerability of the brain of male and female foetus is not well understood but the physiological differences may play a role in the differential vulnerability other study showed that even in traumatic brain injury cases also, progesterone plays neuro protective role against brain damage [17].

CONCLUSIONS

Males developed CP more than females; spastic quadriplegia is the most common type of CP, as proven by other national and international studies. Birth asphyxia, Prematurity and neonatal meningitis are found to be the important risk factors for CP in our study which can be avoided by improving maternal and pediatric health services.

However, current study is limited to lesser group of 108 cerebral palsy children; more research with large number of cerebral palsy affected children is needed before coming to a conclusion about the incidence of cerebral palsy in area of study.

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