

Can Horror Movies Influence the Presence of Nitrites in Urine?

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Abstract

The intention of present study was to evaluate any relation between nitrite in urine and watching horror movies. Over-all 100 subjects participated in this project. Nitrates and nitrites are the nitrogen comprising compounds. The variance is only in their structures. They are existing naturally in some vegetables, for example, green vegetable, celery and cabbage. The urine containing nitrates is considered as normal but existence of nitrites leads to urinary tract infection (UTI). Injurious bacteria live in kidneys, ureters, bladder and urethra. They induce nitrates into nitrites by the support of their enzymes. These are the cause of nitrites in urine that is perilous medical condition. The symptoms usually confronted during this problem are cloudy urine, smelling urine, blood in the urine, burning urination and increased urgency of urination. As we consider horror movies, the first thing that derives to mind is horror, fear or terror. Such movies even can congeal your blood. The impact of horror movies depends upon the person. Some people take pleasure watching these movies and some feel uncomfortable. But mostly people are ignorant about the effects of such scary movies. Some theories depict the positive impacts of such films and some make known their negative prospects. It was determined from the present study that watching horror movies had not really influenced people for having nitrites in their urine. A very few exhibited the positive results of nitrites in the urine which exposed non-significant relation between urine nitrites and watching horror movies.

Keywords: Horror Movies, Urine Nitrites, UTI, Burning Urination, Cloudy Urine, Blood Sugar, Blood Pressure.

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INTRODUCTION

Nitrates and nitrites are the nitrogen containing compounds. The difference exists only in their structures. They are present naturally in some vegetables, for example, green vegetable, celery and cabbage. The urine having nitrates is considered as normal but presence of nitrites leads to urinary tract infection. Harmful bacteria live in kidneys, ureters, bladder and urethra. They convert nitrates into nitrites by the help of their enzymes. These are the reason of nitrites in urine that is dangerous medical condition. The symptoms usually faced during this problem are cloudy urine, smelling urine, blood in the urine, burning urination and increased urgency of urination. A urine analysis is performed to check the presence of nitrites in urine.

As we hear about horror movies, the first thing that comes to mind is horror, fear or terror. Such movies even can curdle your blood. The impact of horror movies depends upon the individual. Some people enjoy watching these movies and some feel uncomfortable. But mostly people are unaware about the effects of such scary movies. These movies have

good as well as bad effects on health. Some theories expose the positive impacts of such films and some reveal their negative prospects. These can be horrible for heart and mind as they increase pulse rate and blood pressure. They also make you smarter as burning your extra calories and feel hungry as they utilize blood sugar. These can relax you as well as can make you anxious. Unlimited number of horror movies are accessible on the display of cinema and internet websites. Some people sense less fear because they have been viewed such movies many times and have been practised. This helps you in actual life for handling horrifying situations i.e. sudden arrival of snake, car on the road etc.

The aim of present study was to analyze any relation between nitrite in urine and watching horror movies [1-6].

MATERIALS AND METHODS

A urine-dipstick test was made and materials necessary for the tests were arranged in the laboratory of Institute of Molecular Biology and Biotechnology. We asked subject to urinate and got their urine in a

sterilized container. Then wetted the strip for a minute or less and compared color change on the given chart of measurement of nitrite in urine. The urine presented bubbling that contained the nitrites.

Project Designing

Over-all 100 subjects contributed in this study. They all were the students of Bahauddin Zakariya University Multan, Pakistan. They were provided with

the small urine containers and a questionnaire Performa. Their answers were assembled and analyzed.

Statistical Analysis

The percentage formula was used.

RESULTS AND DISCUSSION

Table-1: Relation of devoted to watch horror movies to Nitrites in urine (Percentage)

Loving Horror Movies	Males		Females	
	Negative	Positive	Negative	Positive
Percentage %	14.12	1.18	55.29	1.18

Table-2: The linkage between urine nitrites (Percentage %) and disliking horror movies

Hating Horror Movies	Males		Females	
	Negative	Positive	Negative	Positive
Percentage %	1.18	0	24.71	2.35

Table-3: Over-all relation between Loving Horror Movies and Hating Horror Movies

Gender	Loving Horror Movies %	Hating Horror Movies %
Male	85.71	14.29
Female	66.20	33.80

Table-1 describes that both males and females show larger percentage (14.12,55.29) of negative results of nitrites in urine while they love to watch horror movies and a smaller number of both genders have nitrites in their urine.

Table-2 describes that mostly giants and ladies have no nitrites in urine as they hate to see such movies and less percentage have nitrites.

In Table-3, a larger percentage of males like horror movies (85.71) and a few hate them. The same case appears for the females.

This study has given an important advancement in recent researches. There is no previous work has been done on this type of research [7-14].

CONCLUSION

It was concluded from the present study that watching horror movies had not really affected people for having nitrites in their urine. A very few exhibited the positive results of nitrites in the urine which showed non-significant relation between urine nitrites and watching horror movies.

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